



**St. Martin Council on Aging, Inc.
Breux Bridge Calendar of Events
May 2026**

May is Older American's Month-Let's "Flip the Script" on Aging!!!

- May 6th **8:45 AM – Amy Landry** with 1st Horizon Bank will discuss recent **Scams and Fraud on the Elderly** and respond to questions.
- 9:00 AM Brenda Boudreaux** with Humana will discuss services and respond to questions.
- 9:15 AM – Judy Boudreaux** with the St. Martin Parish Sheriff Department will discuss services and respond to questions. Ms. Boudreaux will also provide **Bingo** prizes
- May 7th **8:30 AM – Taylor West** with MTS Physical Therapy will conduct **Chair Exercises**.
- 8:45 AM – Kevin Smith** with the Louisiana Department of Insurance will discuss the **"Fortify Roof Program"** and **Hurricane Preparedness** and respond to questions.
- 1:00 PM-3:00 PM – SMCOA Annual Hats off to Moms**
Join us at the Sydnie Mae Durand Activity Center as we celebrate Mother's Day
Wear your best HAT; bring your favorite TEA CUP; invite your DAUGHTER or GRANDDAUGHTER
Enjoy a delicious meal catered by Buck & Johnny's and win great door prizes
Registration is limited to the first 60 individuals by calling (337) 332-3063.
- May 11th **8:45 AM – Maria Perry** with Acadian Home Care will discuss **"Stress Awareness & Dehydration** and respond to questions.
- 9:00 AM – Tracey Thomas** with Gifted Hearts will discuss services and respond to questions.
- May 14th **11:30 AM – Lorie Barron** with A Place at Home-Lafayette will discuss services and respond to questions.
- 8:45 AM – Linda Peters** with Our Lady of Lourdes Health Hospital will discuss **Allergies** and respond to questions.
- May 15th **8:45 AM – Brianne Hamilton** with PACE will discuss services and respond to questions. Ms. Hamilton will also provide **Bingo** prizes.
- May 19th **9:00 AM-2:00 PM – SMCOA Annual Crawfish Boil with Zydeco Bingo**
In honor of Older American's Month, join us at the Cade Community Center for food, fun, music & prizes
Registration is open to the first 500 individuals by calling (337) 332-3063. Transportation must be requested two days in advance.
This event is made possible through partnership with New Day Personal Care Services.
Doors open at 8:00 AM
- May 20th **8:45 AM – Claire Amy & Steven Moore** with Affiliated Blind of Louisiana will discuss services and respond to questions.
- May 25th **8:45 AM – Latonya Allen** with Belle Teche Nursing & Rehabilitation Center, LLC will discuss services and respond to questions.
- 9:00 AM – Debra Curtis** with Elders Matter will discuss **"Foods that Strengthen our Bodies,"** share recipes, and respond to questions.
- May 26th **11:30 AM – Kirsten Broussard** with Vital Care will discuss services and respond to questions.

- May 27th **8:45 AM – Birthday Bash** sponsored by Andy Tausin & Glenn Champagne with Lagniappe Insurance, LLC.
- May 28th **8:30 AM – Devon Spears & coworker** with SLIC will discuss the “**Veterans Direct Program**” and respond to questions.
- 8:45 AM – Caroline Ardoin** with Nursing Specialties Home Health & Hospice will discuss services and respond to questions.
- 9:30 AM – Second Harvest “Making Groceries” Mobile Market** will be onsite with items to purchase at reduced prices.

Weekly Events

- MONDAY**
 9:00 AM to 11:00 AM – BINGO
- TUESDAY**
 9:00 AM to 11:00 AM – BINGO
- WEDNESDAY**
 9:00 AM to 11:00 AM – BINGO
- THURSDAY**
 9:00 AM to 11:00 AM – BINGO
 12:00 PM-2:15 PM – BINGO
- FRIDAY**
 9:00 AM to 11:00 AM – BINGO

**All Regular Bingo games are played at five cents (\$.05) per card, with a ten (10) card max, per game. Cover-all is played at \$1.25 regardless of the # of cards. All cards must be registered with the Bingo Clerk before the start of each game.*

VFC Meets the 2nd Monday of Each Month at 1:00 PM (next meeting date May 11th)

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517
Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

Phone: 337-332-3063

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM
Friday, 7:30AM-1:00PM

Website: www.stmartincouncilonaginginc.com

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