Lafayette Central Kitchen | Cajun AAA

December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 **Chicken & Sausage Jambalaya** Cabbage Green Beans Wheat Bread Craisins (781 Kcal)	2 **Chili with Beans** Buttered Rice California Vegetables Tossed Salad/Dressing Saltine Crackers Banana Cake (789 Kcal)	3 **Ham & Black-eyed Peas Rice** Mustard Greens Coleslaw Cornbread Oatmeal Crème Cookie (913 Kcal)	4 **Rotisserie Style Chicken** Peas & Carrots Glazed Beets Wheat Roll Mandarin Oranges Margarine (697 Kcal)	5 **Salisbury Patty Brown Gravy** Smothered Potatoes Mixed Vegetables Wheat Bread Pineapple Pudding (880 Kcal)
8 **Sliced Ham Honey Glaze** Chantilly Potatoes Green Beans Wheat Bread Fresh Orange (712 Kcal)	9 **Hamburger** Lettuce & Tomato Chuckwagon Corn Hamburger Bun Tropical Fruit Crisp Mustard (849 Kcal)	10 **Chicken & Sausage Gumbo with Rice** Okra & Tomatoes Potato Salad Wheat Bread Birthday Cake (1286 Kcal)	11 **BBQ Meatballs** O'Brien Potatoes Peas & Carrots Wheat Roll Oatmeal Raisin Cookie (758 Kcal)	12 **Ham & White Beans** Brown Rice Collard Greens Tossed Salad/Dressing Cornbread Fresh Banana (914 Kcal)
15 **Chicken Breast Italian Herb Sauce** Whole Kernel Corn Brussels Sprouts Wheat Bread/Margarine Craisins (710 Kcal)	16 **Pinto Beans & Sausage** Brown Rice Cabbage Cucumber/Onion Salad Cornbread Apple Juice (962 Kcal)	17 **Chicken Chef Salad with Salad Greens (1 cup)** Mandarin Oranges/Pineapples Saltine Crackers Fig Bar Ranch Dressing (686 Kcal)	18 **Beef Patty Pepper & Onion Gravy** Whipped Potatoes Glazed Carrots Wheat Bread Fresh Banana (767 Kcal)	19 **Chicken Parmesan** Green Beans/Peppers Tossed Salad Wheat Roll Peach Cobbler Ranch Dressing (692 Kcal)
22 **Meatballs Brown Gravy** Scalloped Potatoes 4-Way Mixed Vegetables Wheat Bread Fresh Orange (690 Kcal)	23 **Chicken Breast Poultry Gravy** Yams Green Beans/Red Peppers Wheat Bread Carnival Cookie (723 Kcal)	24 **Pork Roast/Gravy** Chantilly Potatoes Green Peas & Carrots White Roll Gingerbread Cake Margarine (932 Kcal) **SPECIAL**	25 CLOSED	26 CLOSED
29 **Chicken & Sausage Jambalaya** Cabbage Green Beans Wheat Bread Craisins (780 Kcal)	30 **Chili with Beans** Buttered Rice California Vegetables Tossed Salad/Dressing Saltine Crackers Banana Cake (789 Kcal)	31 **Ham & Black-eyed Peas** Rice Mustard Greens Coleslaw Cornbread Oatmeal Crème Cookie (913 Kcal)	Each Meal is Served with 1/2 Pint of 2% Milk	TRIO Community Meals Nourishment through compassionate care.