



St. Martin Council on Aging, Inc.  
St. Martinville Calendar of Events  
**February 2024**

- February 5<sup>th</sup>      **10:30 AM – Maria Perry** with Lourdes Home Health will discuss **Medicare Options**.
- February 8<sup>th</sup>      **9:00 AM – Pam Champagne** with Grace Home Health will conduct **Health Talk** and respond to questions.
- February 12<sup>th</sup>     **The St. Martin Council on Aging will close at 1:30 PM in observance of Mardi Gras.**
- February 13<sup>th</sup>     **The St. Martin Council on Aging is closed. Have a safe holiday!**
- February 14<sup>th</sup>     **8:30 AM - Pam Champagne** with Grace Home Health will conduct **Game Day** and provide prizes.
- February 23<sup>rd</sup>     **8:30 AM –** Representatives from **Cardio Rehab** will discuss **Heart Health** and respond to questions.
- February 26<sup>th</sup>    12:00 PM Alzheimer’s Workshop. Ellen Dunn with the Alzheimer’s Association of Baton Rouge will discuss the signs and symptoms of Dementia/Alzheimer’s Disease and respond to questions. Refreshments will be served. Sydnie Mae Durand Activity Center, 391 Cannery Road, Breaux Bridge This is a FREE workshop but registration is required by calling (337) 332-3063. Call 2 Days in Advance to Schedule Transportation.**

## Weekly Events

### MONDAY

9:00 AM to 11:00 AM – BINGO

### TUESDAY

9:00 AM to 11:00 AM – BINGO

### WEDNESDAY

9:00 AM to 11:00 AM – BINGO

12:00 PM to 2:00 PM-POKENO

### THURSDAY

9:00 AM to 11:00 AM – BINGO

### FRIDAY

9:00 AM to 11:00 AM – BINGO

*\*All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

### OUR MISSION

*“Making Every Day...A Better Day”*

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

### MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

### CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517

Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517

**Phone: 337-332-3063**

Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM

Friday, 7:30AM-1:00PM

Website: [www.stmartincouncilonaginginc.com](http://www.stmartincouncilonaginginc.com)

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