

LAFAYETTE CENTRAL KITCHEN CAJUN AAA

JANUARY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Community Meals

Nourishment through
compassionate care.

Each Meal
is Served with
1/2 Pint of 2% Milk

CLOSED

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5	Breakfast Sausage O'Brien Potatoes Spiced Apples Cranberry Juice Biscuit/Jelly Fruit & Grain Bar (1168 Kcal)	6	Baked Chicken California Vegetables Tossed Salad/Dressing Wheat Bread Peach Cobbler (688 Kcal)	7	BBQ Riblet Baked Beans Potato Wedges Wheat Hamburger Bun Fresh Orange (885 Kcal)	8	Sausage & Pinto Beans Rice Cabbage Tossed Salad/Dressing Cornbread Apple Juice (977 Kcal)	9	Homestyle Meatloaf Brown Gravy Whipped Potatoes Southern Green Beans Wheat Bread Oatmeal Crème Cookie (830 Kcal) Winter Special
12	Italian Mac Green Peas Cabbage Wheat Bread Fudge Round (822 Kcal)	13	Sausage & White Beans Rice Mixed Greens Broccoli/Raisin Salad Cornbread Fresh Orange (1005 Kcal)	14	Baked Ham Honey Mustard Sauce Yams Green Beans/Peppers White Roll Pineapple Pudding (832 Kcal)	15	Teriyaki Meatballs Rice Japanese Vegetables Pickled Beets Wheat Bread Chocolate Chip Cookie (852 Kcal)	16	Pork Roast Pork Gravy O'Brien Potatoes Mixed Vegetables Wheat Roll Birthday Cake (1059 Kcal)
19	Baked Chicken Waikiki Sauce Brussels Sprouts Yams Wheat Bread Fig Bar (759 Kcal)	20	Salisbury Patty Brown Gravy Whipped Potatoes Southern Green Beans Wheat Bread Peanut Butter Cookie (741 Kcal)	21	Chicken & Sausage Gumbo with Rice Okra & Tomatoes Cucumber/Tomato/Onion Salad White Roll Fruit Blend Juice (764 Kcal)	22	Ham & Black-eyed Peas Rice Tossed Salad/Dressing Mixed Greens Cornbread Craisins (831 Kcal)	23	Tuna Salad Vegetable Soup California Vegetables Wheat Bread (2) Apple Cobbler (775 Kcal)
26	Chicken & Sausage Jambalaya Green Beans Carrots Wheat Bread Fresh Orange (736 Kcal)	27	Baked Meatballs Brown Gravy Whipped Potatoes Green Peas Wheat Bread Fruit & Grain Bar (799 Kcal)	28	Red Beans & Sausage Rice Mixed Greens Cucumber/Onion Salad Cornbread Craisins (1029 Kcal)	29	Turkey Breast Gravy Smothered Potatoes Mixed Vegetables Wheat Bread/Margarine Fresh Banana (738 Kcal)	30	Hamburger Lettuce & Tomato Chuckwagon Corn Hamburger Bun Mixed Fruit Cobbler Mustard (796 Kcal)