

## LAFAYETTE CENTRAL KITCHEN CAJUN AAA

JANUARY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>		Each Meal is Served with 1/2 Pint of 2% Milk	1  CLOSED	2  CLOSED
5 <b>Breakfast Sausage</b> O'Brien Potatoes Spiced Apples Cranberry Juice Biscuit/Jelly Fruit & Grain Bar (1168 Kcal)	6 <b>Baked Chicken</b> <b>Italian Herb Sauce</b> California Vegetables Tossed Salad/Dressing Wheat Bread Peach Cobbler (688 Kcal)	7 <b>BBQ Riblet</b> Baked Beans Potato Wedges Wheat Hamburger Bun Fresh Orange (885 Kcal)	8 <b>Sausage &amp; Pinto Beans</b> Rice Cabbage Tossed Salad/Dressing Cornbread Apple Juice (977 Kcal)	9 <b>Homestyle Meatloaf</b> <b>Brown Gravy</b> Whipped Potatoes Southern Green Beans Wheat Bread Oatmeal Crème Cookie (830 Kcal) <b>Winter Special</b>
12 <b>Italian Mac</b> Green Peas Cabbage Wheat Bread Fudge Round (822 Kcal)	13 <b>Sausage &amp; White Beans</b> Rice Mixed Greens Broccoli/Raisin Salad Cornbread Fresh Orange (1005 Kcal)	14 <b>Baked Ham</b> <b>Honey Mustard Sauce</b> Yams Green Beans/Peppers White Roll Pineapple Pudding (832 Kcal)	15 <b>Teriyaki Meatballs</b> Rice Japanese Vegetables Pickled Beets Wheat Bread Chocolate Chip Cookie (852 Kcal)	16 <b>Pork Roast</b> <b>Pork Gravy</b> O'Brien Potatoes Mixed Vegetables Wheat Roll Birthday Cake (1059 Kcal)
19 <b>Baked Chicken</b> <b>Waikiki Sauce</b> Brussels Sprouts Yams Wheat Bread Fig Bar (759 Kcal)	20 <b>Salisbury Patty</b> <b>Brown Gravy</b> Whipped Potatoes Southern Green Beans Wheat Bread Peanut Butter Cookie (741 Kcal)	21 <b>Chicken &amp; Sausage</b> <b>Gumbo with Rice</b> Okra & Tomatoes Cucumber/Tomato/Onion Salad White Roll Fruit Blend Juice (764 Kcal)	22 <b>Ham &amp; Black-eyed Peas</b> Rice Tossed Salad/Dressing Mixed Greens Cornbread Craisins (831 Kcal)	23 <b>Tuna Salad</b> Vegetable Soup California Vegetables Wheat Bread (2) Apple Cobbler (775 Kcal)
26 <b>Chicken &amp; Sausage</b> <b>Jambalaya</b> Green Beans Carrots Wheat Bread Fresh Orange (736 Kcal)	27 <b>Baked Meatballs</b> <b>Brown Gravy</b> Whipped Potatoes Green Peas Wheat Bread Fruit & Grain Bar (799 Kcal)	28 <b>Red Beans &amp; Sausage</b> Rice Mixed Greens Cucumber/Onion Salad Cornbread Craisins (1029 Kcal)	29 <b>Turkey Breast</b> <b>Gravy</b> Smothered Potatoes Mixed Vegetables Wheat Bread/Margarine Fresh Banana (738 Kcal)	30 <b>Hamburger</b> Lettuce & Tomato Chuckwagon Corn Hamburger Bun Mixed Fruit Cobbler Mustard (796 Kcal)