



**St. Martin Council on Aging, Inc.
St. Martinville Calendar of Events
May 2025**

Happy Older Americans Month-Let's "Flip the Script on Aging!!!"

- May 2nd **8:45 AM – Keith Shelton** with Speck Insurance will discuss services and respond to questions. **Bingo** prizes will also be provided.
- May 5th **8:30 AM – Michelle Mesh** with Iberia Comprehensive will discuss **Clinics** and services respond to questions.
- 8:45 AM – Tiffany Westley** with SMILE Community Action Agency will discuss monthly **Food Distribution** and other programs and respond to questions.
- May 6th **8:30 AM – Angela Smothers with** Wellcare will discuss **National Man-Pedi Day** and respond to questions.
- 8:45 AM – Dana Rey and Team Members** with Sam's Club will conduct **Health & Wellness, Hearing & Optical Screenings**. **Bingo** prizes will also be provided.
- May 7th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- 9:00 AM – Mona Calais** with the St. Martin Parish Sheriff Department will provide **Bingo** prizes.
- May 8th **8:30 AM – Pam Champagne** with 1st Option will conduct an Educational Session and "Auction." Prizes will also be provided.
- 8:45 AM – Debra Curtis** with Globe Life Insurance will discuss **"Getting on a Hobby"** and conduct a **Motivational Exercise**.
- 1:00 PM-3:00 PM – Hats off to Moms**
Invite your daughters and/or granddaughters, a neighbor or a friend and join us at the Sydnie Mae Durand Activity Center for our Annual Mother's Day Celebration. Bring your favorite teacup, wear your best hat, and enter a contest for a chance to walk away with a prize. A light lunch and refreshments will be served. Music will be provided by Ms. Helen Boudreaux. KLFY TV-10's Zane Reporter will be the emcee for this event. For Transportation, please call (337) 332-3063 two days in advance.
- May 13th **8:30 AM – Kathryn Mobley** with the Better Business Bureau will provide **Awareness on Scams** and respond to questions.
- 8:45 AM – Blaire Broussard** with Oak Street Health will discuss agency services and respond to questions. **Bingo** prizes will also be provided.
- May 14th **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- 8:45 AM – Maria Perry** with Acadian Home Care will conduct a **Fall Risk Screening** and respond to questions.
- 9:00 AM – Colby Martin** with SWLAHEC will discuss **Medicaid and Obama Care Insurance** and respond to questions.
- May 16th **8:45AM – Amy Lovell** with Right at Home will discuss **Signs & Symptoms of Diabetes & High Blood Pressure** and conduct **Vital Screenings**.

- May 19th **8:30 AM – Patrick St. Julien** with Extended Family will discuss services and respond to questions.
- 8:45 AM – Amy Landry** with 1st Horizon Bank will discuss **Scams** on the senior population and respond to questions.
- May 21st **8:30 AM – Coach Ernest Lazard** with Planet Fitness will conduct **Stretching** and **Chair Exercises**.
- May 22nd **9:00 AM-2:00 PM – Annual Crawfish Boil**
In honor of Older Americans Month, join us at the Cade Community Center for our Annual Crawfish Boil. Register by calling (337) 332-3063. Registration is open to the first 325 individuals. For Transportation, call two days in advance. Door prizes and musical entertainment will be provided. A light continental breakfast will be served.
- May 23rd **8:45 AM – Susan Guidroz** with Ochsner Health Services will discuss the **OH Plan** and conduct **Medicare Bingo**. Prizes will also be provided.
- 12:00 PM-1:00 PM – Ice Cream Social**
As we wrap up our Older Americans Month celebration, invite a friend or neighbor and join us at the Sydnie Mae Durand Activity Center for ice cream, music, and door prizes. Register by calling (337) 332-3063. For Transportation, call two days in advance.
- May 26th **The St. Martin Council on Aging is closed in observance of Memorial Day. Have a safe holiday!!!**
- May 27th **8:30 AM – Yulandera Moody** with Senior Medicare Patrol will discuss **Virtual Healthcare Scams** and respond to questions.
- 8:45 AM – Kirsten Broussard** with Traditions Hospice will discuss **COPD & Congestive Heart Failure** and respond to questions.
- May 28th **8:45 AM – Birthday Bash** sponsored by Andy Tauzin & Glenn Champagne with Lagniappe Insurance. LLC. **Bingo** prizes will also be provided.

Weekly Events

MONDAY
9:00 AM to 11:00 AM – BINGO

TUESDAY
9:00 AM to 11:00 AM – BINGO

WEDNESDAY
9:00 AM to 11:00 AM – BINGO
12:00 PM to 1:30 PM-POKENO

THURSDAY
9:00 AM to 11:00 AM – BINGO

FRIDAY
9:00 AM to 11:00 AM – BINGO
12:00 PM to 1:30 PM-POKENO

**All Bingo games are played at a nickel (.05) per card, with a ten (10) card max, per game. All cards must be registered with the Bingo Clerk before the start of each game.*

OUR MISSION

“Making Every Day...A Better Day”

The St. Martin Council on Aging, Inc., is committed to enhancing the quality of life for the aging in St. Martin Parish by creating an atmosphere of respect and affirming the self-worth of the aging through the promotion of services which enhance well-being and enable seniors to remain self-sufficient.

MEMBERSHIP

Membership is open to all St. Martin Parish residents 18 years of age or older.

CONTACT INFORMATION

391 Cannery Road, Breaux Bridge, LA 70517
Mailing Address: P. O. Box 39, Breaux Bridge, LA 70517
Phone: 337-332-3063
Hours of Operation: Monday – Thursday, 7:30AM to 3:30PM
Friday, 7:30AM-1:00PM
Website: www.stmartincouncilonaginginc.com